

Speak Up Sonoma County



...give youth a voice and the  
freedom to hear

### School-based Advocacy

- Call your local school and/or district administrators and ask them to schedule Free to Be presentations in their schools.
- Call/email your school board members and share your support for Free to Be presentations in their middle and high schools.
- Ask your district office when school board meetings are held, and when the public comment time is during each meeting. Call Free to Be and alert us that you are going to speak so that we can provide support and/or youth speakers for you.
- Talk to parents/parent groups at your school and get others involved in advocating for Free to Be.